

TRAINING AND DEVELOPMENT SERVICES

A survey by Manchester Inc. of 100 executives found coaching provided an average return on investment of almost six times the cost of the coaching.

What's Our Secret? Complete Customization

At SDHR Consulting, we never give the same training twice. While we are well-versed in workplace training topics, each session delivered is unique and based on the culture and personality of your organization. We go out of our way to become intimately familiar with your employee population and adapt our trainings to match their education, experience level, and attitude.



Executive Coaching Unleashes the Full Potential in Your Leaders

Our certified executive coaching team will benefit your leadership team by leveraging the best coaching practices. We inspire personal transformation by capitalizing on your leaders' strengths and identifying and closing gaps. By investing in your leadership team, you will be developing future leaders and leading change to facilitate your high performing, results-driven organization.

How We Make It Work:

- Foster discussion of new ideas
- Focus on improving interpersonal skills
- Identify obstacles preventing the achievement of goals
- Challenge clarification, expansion, and articulation of vision



Interactive Programs That Cultivate Highly Effective Managers

We want your team to be outperforming your competitors' and to do so you need a highly effective management team. Our interactive workshops and development programs can help your leaders tap into their strengths and skills. In addition to strengthening their communication and listening skills, we give them the tools they need to become stronger team leaders.

Example Class Topics for Managers:

- What Great Managers Do Differently
- Providing Feedback To Your Employees
- Interviewing Tips for Managers



Engage, Transform and Enhance Your Team's Effectiveness

We use our experience and expertise to maximize team effectiveness to improve relationships among coworkers, supervisors and direct reports, or entire teams. Through facilitated dynamic group workshops we inspire teams to powerfully integrate new awareness, tools, and structured accountability, resulting in greater communication, engagement, and overall productivity.

Example Class Topics for Teams:

- DISC Training
- Anti-Harassment Training
- Resolving and managing conflicts
- Improving communication skills and interpersonal relationships

CONTACT US TO LEARN MORE



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